

Release of Liability/Assumption of Risk/Non-agency Acknowledgment Form Continuing Education Administrative Document

NOTE: Also complete and attach the Diver Medical Form (Product No. 10346)

This is a statement in which you are informed of the established safe diving practices for skin and scuba diving. These practices have been compiled for your review and acknowledgment and are intended to increase your comfort and safety in diving. Your signature on this statement is required as proof that you are aware of these safe diving practices. Read and discuss the statement prior to signing it. If you are a minor, this form must also be signed by a parent or quardian.

I,_____participant name understand that as a diver I should:

- Maintain good mental and physical fitness for diving. Avoid being under the influence of alcohol or dangerous drugs when diving. Keep proficient in diving skills, striving to increase them through continuing education and reviewing them in controlled conditions after a period of diving inactivity, and refer to my course materials to stay current and refresh myself on important information.
- 2. Be familiar with my dive sites. If not, obtain a formal diving orientation from a knowledgeable, local source. If diving conditions are worse than those in which I am experienced, postpone diving or select an alternate site with better conditions. Engage only in diving activities consistent with my training and experience. Do not engage in cave or technical diving unless specifically trained to do so.
- 3. Use complete, well-maintained, reliable equipment with which I am familiar; and inspect it for correct fit and function prior to each dive. Have a buoyancy control device, low-pressure buoyancy control inflation system, submersible pressure gauge and alternate air source and dive planning/monitoring device (dive computer, RDP/dive tables—whichever you are trained to use) when scuba diving. Deny use of my equipment to uncertified divers.
- 4. Listen carefully to dive briefings and directions and respect the advice of those supervising my diving activities. Recognize that additional training is recommended for participation in specialty diving activities, in other geographic areas and after periods of inactivity that exceed six months.

- 5. Adhere to the buddy system throughout every dive. Plan dives including communications, procedures for reuniting in case of separation and emergency procedures with my buddy.
- 6. Be proficient in dive planning (dive computer or dive table use). Make all dives no decompression dives and allow a margin of safety. Have a means to monitor depth and time underwater. Limit maximum depth to my level of training and experience. Ascend at a rate of not more than 18 metres/60 feet per minute. Be a SAFE diver Slowly Ascend From Every dive. Make a safety stop as an added precaution, usually at 5 metres/15 feet for three minutes or longer.
- 7. Maintain proper buoyancy. Adjust weighting at the surface for neutral buoyancy with no air in my buoyancy control device. Maintain neutral buoyancy while underwater. Be buoyant for surface swimming and resting. Have weights clear for easy removal, and establish buoyancy when in distress while diving. Carry at least one surface signaling device (such as signal tube, whistle, mirror).
- 8. Breathe properly for diving. Never breath-hold or skipbreathe when breathing compressed air, and avoid excessive hyperventilation when breath-hold diving. Avoid overexertion while in and underwater and dive within my limitations.
- 9. Use a boat, float or other surface support station, whenever feasible.
- 10. Know and obey local dive laws and regulations, including fish and game and dive flag laws. I have read the above statements and have had any questions answered to my satisfaction.

I understand the importance and purposes of these established practices. I recognize they are for my own safety and well-being, and that failure to adhere to them can place me in jeopardy when diving.

and/or the instructors and divemasters associated with the activity.

NON-AGENCY DISCLOSURE AND ACKNOWLEDGMENT AGREEMENT

I understand and agree that PADI Members ("Members"), includingstore/resort
and/or any individual PADI Instructors and Divernasters associated with the program in which I am participating, are licensed
to use various PADI Trademarks and to conduct PADI training, but are not agents, employees or franchisees of PADI
Americas, Inc, or its parent, subsidiary and affiliated corporations ("PADI"). I further understand that Member business
activities are independent, and are neither owned nor operated by PADI, and that while PADI establishes the standards for
PADI diver training programs, it is not responsible for, nor does it have the right to control, the operation of the Members'
business activities and the day-to-day conduct of PADI programs and supervision of divers by the Members or their
associated staff. I further understand and agree on behalf of myself, my heirs and my estate that in the event of an injury
or death during this activity, neither I nor my estate shall seek to hold PADI liable for the actions, inactions or negligence of

Release of Liability/Assumption of Risk/Non-agency Acknowledgment Form Continuing Education Administrative Document continued

LIABILITY RELEASE AND ASSUMPTION OF RISK AGREEMENT

I understand this Liability Release and Assumption of Risk Agreement (Agreement) hereby encompasses and applies to all diver training activities and courses in which I choose to participate. These activities and courses may include, but are not limited to, altitude, boat, cavern, AWARE, deep, enriched air, photography/videography, diver propulsion vehicle, drift, dry suit, ice, multilevel, night, peak performance buoyancy, search & recovery, rebreather, underwater naturalist, navigator, wreck, adventure diver, rescue diver and other distinctive specialties (hereinafter "Programs").

I understand and agree that neither my instructor(s), divemasters(s), the facility which provides the Programs

Inc., nor its affiliate and subsidiary corporations, nor any of their respective employees, officers, agents, contractors or assigns (hereinafter referred to as "Released Parties") may be held liable or responsible in any way for any injury, death or other damages to me, my family, estate, heirs or assigns that may occur as a result of my participation in the Programs or as a result of the negligence of any party, including the Released Parties, whether passive or active.

In consideration of being allowed to participate in the Programs, I hereby personally assume all risks of the Programs, whether foreseen or unforeseen, that may befall me while I am a participant in the Programs including, but not limited to, the academics, confined water and/or open water activities. I further release, exempt and hold harmless said Programs and Released Parties from any claim or lawsuit by me, my family,

estate, heirs or assigns, arising out of my enrollment and participation in this program including both claims arising during the program or after I receive my certification(s).

I understand that past or present medical conditions may be contraindicative to my participation in the Programs. I declare that I am in good mental and physical fitness for diving, and that I am not under the influence of alcohol, nor am I under the influence of any drugs that are contraindicated to diving. If I am taking medication, I declare that I have seen a physician and have approval to dive while under the influence of the medication/drugs. I affirm it is my responsibility to inform my instructor of any and all changes to my health condition at any time during my participation in the Programs and agree to accept responsibility for my failure to do so.

I also understand that skin diving and scuba diving are physically strenuous activities and that I will be exerting myself during this program, and that if I am injured as a result of heart attack, panic, hyperventilation, drowning or any other cause, that I expressly assume the risk of said injuries and that I will not hold the Released Parties responsible for the same.

I further state that I am of lawful age and legally competent to sign this Liability Release and Assumption of Risk Agreement, or that I have acquired the written consent of my parent or guardian. I understand the terms herein are contractual and not a mere recital, and that I have signed this Agreement of my own free act and with the knowledge that I hereby agree to waive my legal rights. I further agree that if any provision of this Agreement is found to be unenforceable or invalid, that provision shall be severed from this Agreement. The remainder of this Agreement will then be construed as though the unenforceable provision had never been contained herein.

I hereby state and agree this Agreement will be effective for all activities associated with the Programs in which I participate within one year from the date on which I sign this Agreement.

I understand and agree that I am not only giving up my right to sue the Released Parties but also any rights my heirs, assigns, or beneficiaries may have to sue the Released Parties resulting from my death. I further represent I have the authority to do so and that my heirs, assigns, or beneficiaries will be estopped from claiming otherwise because of my representations to the Released Parties.

Released Fattles from any claim of lawsuit by me, my family, Released Fattles.	
I PARTICIPANT NAME HAVE COMPLETED THE ATTACHED DIVER AFFIRM IT IS MY RESPONSIBILITY TO INFORM MY INSTRUCTOR OF ANY AND ALL CHANGES TO MEDICAL MY PARTICIPATION IN SCUBA PROGRAMS. I AGREE TO ACCEPT RESPONSIBILITY FOR OMISSIONS REGARI ANY EXISTING OR PAST HEALTH CONDITION, OR ANY CHANGES THERETO.	HISTORY AT ANY TIME DURING
I,BY THIS INSTRUMENT AGREE TO EXEMPT A DIVEMASTERS, THE FACILITY WHICH OFFERS THE PROGRAMS AND PADI AMERICAS, INC., AND ALL RELATED AS DEFINED ABOVE, FROM ALL LIABILITY OR RESPONSIBILITY WHATSOEVER FOR PERSONAL INJURY, PROP DEATH HOWEVER CAUSED, INCLUDING, BUT NOT LIMITED TO, THE NEGLIGENCE OF THE RELEASED PARTIES	ENTITIES AND RELEASED PARTIES ERTY DAMAGE OR WRONGFUL
I HAVE FULLY INFORMED MYSELF OF THE CONTENTS OF THIS NON-AGENCY DISCLOSURE AND ACK LIABILITY RELEASE AND ASSUMPTION OF RISK AGREEMENT, DIVER MEDICAL AND STANDARD SAFE DIV UNDERSTANDING BY READING THEM BEFORE SIGNING BELOW ON BEHALF OF MYSELF AND MY HEIRS.	
Participant's Signature	Date (Day/Month/Year)
Signature of Parent or Guardian (where applicable)	Date (Day/Month/Year)

(page 2 of 2)



Youth Diving: Responsibility and Risks Acknowledgment

(Please read carefully, fill in all blanks, an	d sign and date below.)	
I/we,	, and my/our child,	,
have been advised and thoroughly inform participant. These risks may include, but sinuses and ears, drowning, panic and ot	Diving: Responsibility and Risks video or fined that diving is an adventure sport with are not limited to, pressure related injuring her serious injury or death. We also under, in participating in scuba activities and a	inherent risks to the es affecting the lungs, rstand our responsi-
to evaluate whether my/our child should knowledge of the mental, physical and er	d, I/we understand and agree it is solely mean participate in scuba activities. Our decise motional abilities of our child, as well as he esponsibility to discuss with a physician at and participation in this activity.	sion is based upon our is/her medical history.
	our responsibility to continue to monitor to /she should continue in this program and	
I/we agree to abide by all supervisory an certification.	d depth limitations that may accompany	my/our child's PADI
I/we understand that PADI certifies instruoped by PADI.	actors/dive centers and provides material	s for programs devel-
I/we understand that the dive center/resovision of this activity	ort and the instructor are responsible for	the conduct and super
I/we understand my responsibilities and ties and Risk video or flip chart.	those of my child as set forth in the Youtl	n Diving Responsibili-
•	derstand and agree to the terms and cond binding contract between us, the dive pro	
Parent/Guardian Name	Parent/Guardian Signature	(Day/Month/Year)
Participant/Minor Name	Participant/Minor Signature	(Day/Month/Year)

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Diver Medical | Participant Questionnaire

Recreational scuba diving and freediving requires good physical and mental health. There are a few medical conditions which can be hazardous while diving, listed below. Those who have, or are predisposed to, any of these conditions, should be evaluated by a physician. This Diver Medical Participant Questionnaire provides a basis to determine if you should seek out that evaluation. If you have any concerns about your diving fitness not represented on this form, consult with your physician before diving. If you are feeling ill, avoid diving. If you think you may have a contagious disease, protect yourself and others by not participating in dive training and/or dive activities. References to "diving" on this form encompass both recreational scuba diving and freediving. This form is principally designed as an initial medical screen for new divers, but is also appropriate for divers taking continuing education. For your safety, and that of others who may dive with you, answer all questions honestly.

Directions

Complete this questionnaire as a prerequisite to a recreational scuba diving or freediving course.

Note to women: If you are pregnant, or attempting to become pregnant, do not dive.

1	I have had problems with my lungs, breathing, heart and/or blood affecting my normal physical or mental performance.	Yes □ Go to box A	No 🗆
2	I am over 45 years of age.	Yes □ Go to box B	No 🗆
3	I struggle to perform moderate exercise (for example, walk 1.6 kilometer/one mile in 14 minutes or swim 200 meters/yards without resting), OR I have been unable to participate in a normal physical activity due to fitness or health reasons within the past 12 months.	Yes □*	No 🗆
4	I have had problems with my eyes, ears, or nasal passages/sinuses.	Yes □ Go to box C	No □
5	I have had surgery within the last 12 months, OR I have ongoing problems related to past surgery.	Yes □*	No □
6	I have lost consciousness, had migraine headaches, seizures, stroke, significant head injury, or suffer from persistent neurologic injury or disease.	Yes □ Go to box D	No 🗆
7	I am currently undergoing treatment (or have required treatment within the last five years) for psychological problems, personality disorder, panic attacks, or an addiction to drugs or alcohol; or, I have been diagnosed with a learning or developmental disability.	Yes □ Go to box E	No 🗆
8	I have had back problems, hernia, ulcers, or diabetes.	Yes □ Go to box F	No □
9	I have had stomach or intestine problems, including recent diarrhea.	Yes □ Go to box G	No □
10	I am taking prescription medications (with the exception of birth control or or anti-malarial drugs other than mefloquine (Lariam).	Yes □*	No 🗆

Participant Signature If you answered NO to all 10 questions above, a medical evaluation is not required. Please read and agree to the participant statement below by signing and dating it. Participant Statement: I have answered all questions honestly, and understand that I accept responsibility for any consequences resulting from any questions I may have answered inaccurately or for my failure to disclose any existing or past health conditions. Participant Signature (or, if a minor, participant's parent/guardian signature required. Date (dd/mm/yyyy) Participant Name (Print) Instructor Name (Print) Facility Name (Print)

* If you answered YES to questions 3, 5 or 10 above OR to any of the questions on page 2, please read and agree to the statement above by signing and dating it AND take all three pages of this form (Participant Questionnaire and the Physician's Evaluation Form) to your physician for a medical evaluation. Participation in a diving course requires your physician's approval.

Participant Name Birthdate

(Print) Date (dd/mm/yyyy)

Diver Medical | Participant Questionnaire Continued

BOX A – I HAVE/HAVE HAD:		
Chest surgery, heart surgery, heart valve surgery, an implantable medical device (eg, stent, pacemaker, neurostimulator), pneumothorax, and/or chronic lung disease.	Yes □*	No □
Asthma, wheezing, severe allergies, hay fever or congested airways within the last 12 months that limits my physical activity/exercise.	Yes □*	No □
A problem or illness involving my heart such as: angina, chest pain on exertion, heart failure, immersion pulmonary edema, heart attack or stroke, OR am taking medication for any heart condition.	Yes □*	No □
Recurrent bronchitis and currently coughing within the past 12 months, OR have been diagnosed with emphysema.	Yes □*	No □
Symptoms affecting my lungs, breathing, heart and/or blood in the last 30 days that impair my physical or mental performance.	Yes □*	No □
BOX B - I AM OVER 45 YEARS OF AGE AND:		
I currently smoke or inhale nicotine by other means.	Yes □*	No E
I have a high cholesterol level.	Yes □*	No E
I have high blood pressure.	Yes □*	No E
I have had a close blood relative die suddenly or of cardiac disease or stroke before the age of 50, OR have a family history of heart disease before age 50 (including abnormal heart rhythms, coronary artery disease or cardiomyopathy).	Yes □*	No E
BOX C – I HAVE/HAVE HAD:		
Sinus surgery within the last 6 months.	Yes □*	No E
Ear disease or ear surgery, hearing loss, or problems with balance.	Yes □*	No E
Recurrent sinusitis within the past 12 months.	Yes □*	No [
Eye surgery within the past 3 months.	Yes □*	No [
BOX D – I HAVE/HAVE HAD:		
Head injury with loss of consciousness within the past 5 years.	Yes □*	No [
Persistent neurologic injury or disease.	Yes □*	No [
Recurring migraine headaches within the past 12 months, or take medications to prevent them.	Yes □*	No [
Blackouts or fainting (full/partial loss of consciousness) within the last 5 years.	Yes □*	No [
Epilepsy, seizures, or convulsions, OR take medications to prevent them.	Yes □*	No [
BOX E – I HAVE/HAVE HAD:		
Behavioral health, mental or psychological problems requiring medical/psychiatric treatment.	Yes □*	No E
Major depression, suicidal ideation, panic attacks, uncontrolled bipolar disorder requiring medication/psychiatric treatment.	Yes □*	No E
Been diagnosed with a mental health condition or a learning/developmental disorder that requires ongoing care or special accommodation.	Yes □*	No E
An addiction to drugs or alcohol requiring treatment within the last 5 years.	Yes □*	No E
BOX F – I HAVE/HAVE HAD:		
Recurrent back problems in the last 6 months that limit my everyday activity.	Yes □*	No E
Back or spinal surgery within the last 12 months.	Yes □*	No E
Diabetes, either drug or diet controlled, OR gestational diabetes within the last 12 months.	Yes □*	No E
An uncorrected hernia that limits my physical abilities.	Yes □*	No E
Active or untreated ulcers, problem wounds, or ulcer surgery within the last 6 months.	Yes □*	No E
BOX G – I HAVE HAD:		
Ostomy surgery and do not have medical clearance to swim or engage in physical activity.	Yes □*	No E
Dehydration requiring medical intervention within the last 7 days.	Yes □*	No [
Active or untreated stomach or intestinal ulcers or ulcer surgery within the last 6 months.	Yes □*	No [
Frequent heartburn, regurgitation, or gastroesophageal reflux disease (GERD).	Yes □*	No [
Active or uncontrolled ulcerative colitis or Crohn's disease.	Yes □*	No [
Bariatric surgery within the last 12 months.	Yes □*	No [

*Physician's medical evaluation required (see page 1).

Diver Medical | Medical Examiner's Evaluation Form

Participant Name

	(Print)	Date (dd/mm/yyyy)
	uests your opinion of his/her medical suitability to partici uhms.org for medical guidance on medical conditions your evaluation.	
Evaluation Resul	t	
Approved – I find no cond	litions that I consider incompatible with recreational scuba	a diving or freediving.
Not approved – I find con	ditions that I consider incompatible with recreational scu	ba diving or freediving.
Signature of certified medi	ical doctor or other legally certified medical provider	Date (dd/mm/yyyy)
Medical Examiner's Name		
	(Print)	
Clinical Degrees/Credentials	•	
Clinic/Hospital		
Address		
Phone	Email	
	Physician/Clinic Stamp (optional)	
	Created by the <u>Diver Medical Screen Committee</u> in asso	ociation with the
	following bodies: The Undersea & Hyperbaric Medical Society	Solution with the
	DAN (US)	

Birthdate

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Hyperbaric Medicine Division, University of California, San Diego

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